

# Want Straight Teeth Faster? Think Propel!

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**TURKE**  
ORTHODONTICS

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Millions of people have chosen to get braces to straighten their teeth. There are millions more who have thought about it, but may shy away for various reasons. It's estimated that there has been a 34 percent increase in the number of people who are seeking some sort of braces, including a variety of metal options as well as invisible options, such as Invisalign®. As more people realize that it's never too late to have their teeth straightened, many adults are seeking treatment, too.

One thing that keeps some people from having treatment to straighten their teeth, and particularly adults, is the time investment. They don't want to have braces on their teeth for what may turn out to be a couple of years, depending on the severity of their individual situation. But, just like with other fields, there are changes and advances taking place in the world of orthodontics, too!

## Decreasing Treatment Times

The field of orthodontics is always advancing, and now we can reduce the treatment time by as much as half for most people! Some treatment times have been cut by 60 percent, a significant reduction.



## What to Expect When Getting Propel

1. The orthodontist will evaluate your teeth to determine the best place to apply treatment. Propel is applied to each tooth, with an average of three sites per tooth being administered.
2. You will then cleanse the mouth using a mouth rinse for a minute. This will help to ensure bacteria do not enter the holes being made.
3. A gentle numbing agent will be applied. The type of anesthetic being used will be determined by the doctor following an evaluation.
4. Treatment will be carried out, with the procedure taking around 10 minutes. Each tooth being treated will receive the Propel application. There may be minor bleeding when finished, which can be easily addressed with some gauze being firmly applied for 30 seconds.
5. Once finished you may experience some discomfort for a day or so. If there is discomfort, take acetaminophen, but avoid taking any type of anti-inflammatory, such as Advil or Ibuprofen.
6. Return to your normal routine and activities following the procedure.
7. Relish in the fact that you will be greatly reducing the amount of time that you will spend wearing braces!

Propel, is one of the most advanced treatment options in orthodontics today, and greatly reduces the amount of time people spend in orthodontic treatment. It's a new system that can be used with any type of braces, including metal braces and clear aligners. It can also be used by those who are just starting treatment, and those who are already into it.

## Understanding Propel

Propel is an orthodontic treatment option that uses your body's own biological healing processes to reduce your treatment time by about half. The process itself takes only minutes, yet it can save you months or years of wearing braces. The payoff for opting for the Propel treatment is so great, it's an option that almost everyone in orthodontic treatment will want to consider.

The Propel procedure uses a small excellerator to gently, painlessly create micro-osteoperforations in the jawbone, stimulating accelerated bone healing in specific areas based on your individual treatment plan. The Propel Excellerator's advanced technology allows Dr. Turke to apply only the minimum necessary treatment in each area of the mouth. Each excellerator is used for treatment on one patient, and then discarded.

## What Happens During Treatment

Dr. Turke will evaluate your teeth and determine where the procedure needs to be applied in order to speed up your orthodontic treatment. Once the decision has been made, he will give you a special rinse to clean your mouth and then apply a gentle numbing agent. The doctor will then begin applying the Propel system in specific areas to the bone surrounding the teeth. The number of micro-osteoperforations varies depending on the thickness of your gums.



The Propel system averages about three application sites per tooth, although some teeth may only need one or two. The micro-osteoperforations stimulates your body's natural healing response and increases the blood flow around the teeth, which prepares the bone for tooth movement. When the bone is in this state, tooth movement happens much quicker, thus reducing the time spent with braces or aligners.

Immediately after the procedure, there may be some minor bleeding in some patients, but that can be remedied with 30 seconds of gauze placed on it and held firmly. Some people may have discomfort for a day or two afterward, but most report that it is minor. Once your orthodontic treatment is complete, the bone will return to normal, and there are no long-term effects from using the Propel treatment. Those who have undergone it are able to return to their normal routines right away, without having to miss work or school. Many people require only one round of the propel treatment, while others may need treatments done every 6-8 months to continue stimulating tooth movement. The number of treatments you may require depends on the complexity of your overall orthodontic needs.

## Technology Marches On

Propel is one of the most advanced treatments in the orthodontic field, and one to which more and more people are turning. This option can cut treatment time in half, without much inconvenience on your part.

It is clear to see why so many people are choosing to have this procedure done. For just a few minutes in Dr. Turke's chair, ***you can have a new smile in about half the time!***



**Eric R Turke, DDS, PA**  
**[www.TurkeOrthodontics.com](http://www.TurkeOrthodontics.com)**

**Where Can I Get More  
Information?**



*If you would like to schedule a Complimentary Orthodontic Examination at our office. . .*

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